

ACTUAL SITUATION OF TEACHING AND TRAINING ARMED SWIMMING FOR STUDENTS OF ARMED POLICE MAJOR AT THE PEOPLE'S POLICE ACADEMY

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Abstract:

Through the use of regular scientific research methods, the subject conducted the assessment of the actual situation of teaching and training armed swimming for students of armed police major at the People's Police Academy, through the evaluation of the content of the armed swimming program, teaching staff and facilities for teaching and training to help professional managers and lecturers get the necessary information to formulating an output standard program of armed swimming for students, which is suitable with the teaching, training work and facilities conditions, contributing to improving the training quality for People's Police Academy students.

Keywords: Teaching, training, armed swimming, People's Police Academy.

INTRODUCTION

Swimming training in general and armed swimming training is a specific form of teaching which is mainly practical; The improvement of the quality of training techniques in underwater mobilization for students of the People's Police Academy is always concerned by the academy and specialized faculties, management staff, lecturers and coaches. Subject analysis and practical application of the process of education and training at the Academy can be understood: Improving the quality of training underwater combat for students of Armed Police major is the result of stages and steps of the teaching process, technical content of underwater combat mobilization with the aim of helping students grasp, understand, practice skills and techniques according to established processes and programs and be tested through the level of the goals, training requirements upon graduation. In order to have a basis for proposing an appropriate, effective and effective output training program on the right direction to improve the quality of training for students, we conduct: Assessing the actual situation of teaching and training armed swimming for students of armed police major at The People's Police Academy.

RESEARCH METHODS

The research process uses the following methods: Methods of analyzing and synthesizing documents; Method of interviewing seminars; Method of pedagogical observation; Statistical mathematics method.

RESULTS AND DISCUSSION

1. Actual situation of the curriculum, distribution of class hours and examination of armed swimming for students of Armed Police major at the People's Police Academy

Through the survey of the actual curriculum, distribution of class hours and examination of armed swimming for students of armed police major at The People's Police Academy showed that the duration for specialized swimming knowledge is 60 main periods (equivalent to 2 credits), including 3 contents of instruction, each technique has 20 periods excluding the exam time. Armed swimming schedule is 3 sessions / 1 week and 4 periods / 1 session / 1 day. With this schedule, students can have a break to recover and acquire the best equipped techniques. In addition, specialized students also have 60 extra-curricular self-study sessions, which will ensure that students have enough time to perfect the skills equipped. The detailed curriculum distribution is shown in Table 1.

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Table 1. Detailed distribution frame of armed swimming program for students of Armed Police major at the People's Police Academy

No.	Training content	Time and form of teaching				
		Total hours	Theory	Practice	Check	Method
1	Swimming while carrying gun and light equipment behind	20	1	19	1	Training at the pool
2	Swimming with package	20	1	19	1	Training at the pool
3	Special task swimming	20	1	19	1	Training at the pool
Total number of periods (02 credits)		60	3	57	3	

The contents of swimming training includes:
 1) Swimming while carrying gun and light equipment behind (20 periods): With this technique, students are equipped with swimming techniques with guns in marching and training situations or in an emergency situation in a river environment; 2) Swimming with package technique (20 periods): During the course, students are equipped with the skills to pack and move while being ready to fight, to cross the river's terrain while being on duty; 3) Special task swimming (20 periods): Secret swimming of armed police is one of the difficult techniques, when mastering the movements, it will help officers and soldiers on duty to approach the targets on water environment in a secret way, ensure safety and increase the effectiveness of fighting with criminals on water environment.

However, the reality today is that criminals are becoming more and more reckless and impulsive, complicated, they take advantage of all terrains to operate. When detected, pursued, and arrested, offenders attack and fight fiercely against police officers and soldiers, especially in the river environment. Therefore, in addition to equipping students with underwater mobilization skills, it is necessary to equip the techniques of fast swimming and long distance swimming. On the other hand, in daily life or during business trips, officers and soldiers may encounter flood and storm situations, equipping them with swimming and first aid skills in case of emergency drowning is very important in the current situation.

2. Actual situation of facilities serving the teaching and training of armed swimming

major of Armed Police at the People's Police Academy (Table 2)

The results in Table 2 show:

- Swimming pool: There is 01 outdoor swimming pool (25mX50m) for all students in the school, for the training of armed swimming, the depth is not guaranteed, the depth is 1.2m to 1.8m; In addition, there are no other places to practice swimming in accordance with the actual situation such as: rivers, streams, ponds, lakes which are very important in the training of armed swimming; Moreover, due to the specific vacation schedule of the Academy from June 15 to July 15, it also greatly affects the training and learning activities of students.

- Tools for practical training such as: AK guns, swimming floats are very few in number, the students have to take turns swimming in groups, taking a lot of time to wait. With a large number of students, the training process is difficult, in order for students to be able to swim, other than their effort, they have to practice a lot more overtime.

- Other conditions such as raincoats, parachute cords, and elastic bands for learning how to swim with packages are not provided. Students equip themselves when learning, resulting in inconsistent equipments, rudimental training equipment which do not guarantee safety in armed swimming training.

- Other facilities and equipment for theoretical teaching such as textbooks, training materials, multifunction projectors through surveys at the Faculty and Department of Armed Police, each unit is equipped with types of facilities and equipment to ensure quality requirements when teaching. However, the

Table 2. Actual situation of facilities serving the teaching and training of armed swimming for students of Armed Police major at the People's Police Academy

No.	Type of yards and courts, tools	Statistical results of the academic year 2018-2019				
		m _i	Quality			The level of satisfactory
			Good	Average	Poor	
1	Swimming pool (25mX50m)	1	-	1	-	Average
2	Training curriculum	2	-	2	-	Average
3	AK gun	6	-	6	-	Average
4	Training document	6	-	6	-	Average
5	Swimming floats (practice)	12	-	12	-	Average
6	Raincoat (military package)	-	-	-	-	Students self equipped
7	Parachute cords	-	-	-	-	Students self equipped
8	Elastic bands	-	-	-	-	Students self equipped
9	Backpack	-	-	-	-	Students self equipped
10	Snorkel	-	-	-	-	Students self equipped
11	Projectors	1	1	-	-	Good
12	Camcorders	-	-	-	-	Not yet available

means of recording such as: Cameras, Camcorders to record the common mistakes of students are not yet equipped.

In summary, through the survey of facilities serving the teaching and training of swimming and armed swimming subjects of the People's Police Academy, it still lacks equipment, does not meet the real requirements of practical teaching. Therefore, in order to improve the quality of swimming and armed swimming teaching and training, in the next school years,

the Academy needs to equip, repair and upgrade facilities such as: installing roof covering the swimming pool, equip swimming floats, raincoats, parachute cords, camcorders, cameras.

3. Actual situation of the armed swimming teaching and training staff team for students of Armed Police major at the People's Police Academy (Table 3)

As shown in Table 3, in recent years the number of armed swimming instructors has

Table 3. Actual situation of the armed swimming teaching and training staff team for students of Armed Police major at the People's Police Academy

No.	Unit	Gender		Working seniority		Specialize Level			Information Technology		Foreign Language	
		Male	Female	> 10	> 5	Dr.	Master	Specialized	A	B	A	B
1	Department of Military, Martial Arts, Physical Education and Sports	6	2	3	5	1	4	3	-	8	4	4
2	Department of Facilities	4	-	2	2	1	3	-	-	4	-	4
Total		ten	2	5	7	2	7	3	0	12	4	8

been increasing significantly in both quantity and quality, meeting the practical requirements set out, all Armed swimming teacher graduated from sports university, 01 instructor trained at the Armed Police Intermediate School, 03 comrades with basic training on specialized skills on armed swimming subject from Military School. For teachers graduating from schools with specialized majors in sports, national defense and military education, they will be trained and fostered the Police skills such as 6-month professional fostering or 2nd university degree class.

Most of the People's Police Academy teaching and training staff have good quality and professional qualifications. The teachers are young, with good health, agility, flexibility, and specialized skills in armed swimming, ensuring to fulfill the practical teaching tasks with the nature of hard work. In addition, the team of armed swimming teachers and instructors is regularly trained to raise the level of teaching methods organized by the Ministry of Public Security or the University of Physical Education and Sports. In recent years, the scientific research work of the swimming and armed swimming teachers has achieved remarkable results. They have compiled and edited 02 textbooks, 02 reference documents, and many articles published in magazines and scientific conferences. The system of lesson plans and lecture files are completed, teachers apply modern equipment such as computers, camcorders, photography, projectors, besides many teaching methods. The teachers have been actively involved in teaching everyday.

CONCLUSION

Through analyzing and assessing the situation of the teaching and training of armed swimming for students of the Armed Police major at the People's Police Academy shows: Firstly, the facilities for teaching and training armed swimming courses of the PPA still lacks equipment, does not meet the practical requirements of teaching; Secondly, the teachers team teaching armed swimming at the PPA mostly have good quality and qualification to

ensure professional requirements; Thirdly, in terms of content, the armed swimming program still weighs heavily on equipping professional skills in swimming while carrying equipments, swimming with package, special task swimming, has not updated the skills of combat underwater such as fast swimming and long distance swimming, unlocking and carrying human. From the actual situation of teaching and training armed swimming for students of the Armed Police major at the People's Police Academy, it helps professional managers and lecturers to have a base to build the content of the armed swimming program that meets the output standards for the PPA students, suitable with practical conditions, in order to improve the training quality for PPA students.

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